

Polly Ann's Hammer (3:00)

Artist: Our Native Daughters

Album: Songs of Our Native Daughters (2019)

Choreography: Andy Howard (Atlanta, GA)

Level: Intermediate

<p>Hold 4 Counts</p> <p>PART A - INSTRUMENTAL Clamato (turn ½ Right) Outhouse Triple REPEAT</p> <p>PART B - INSTRUMENTAL 2 Lucy's Chain Double Basic Kick REPEAT / OPPOSITE FOOT</p> <p>PART C - VOCALS Alabama Triple 4 Count C-Strut (Turn ¼ Left) Rocking Chair (Turn ¼ Left) REPEAT</p> <p>PART D - VOCALS 3-2-1 Burton Stamp (Turn ½ Right) Donkey REPEAT</p> <p>PART A - INSTRUMENTAL Clamato (turn ½ Right) Outhouse Triple REPEAT</p>	<p>PART B - INSTRUMENTAL 2 Lucy's Chain Double Basic Kick REPEAT / OPPOSITE FOOT</p> <p>PART C - VOCALS Alabama Triple 4 Count C-Strut (Turn ¼ Left) Rocking Chair (Turn ¼ Left) REPEAT</p> <p>PART D - VOCALS 3-2-1 Burton Stamp (Turn ½ Right) Donkey REPEAT</p> <p>PART E - VOCALS 8 Count C-Strut 2 Cross Over Rocks 8 Count C-Strut Timebomb Stomp Double Basic</p> <p>PART A - INSTRUMENTAL Clamato (turn ½ Right) Outhouse Triple REPEAT</p> <p>PART B - INSTRUMENTAL 2 Lucy's Chain Double Basic Kick REPEAT / OPPOSITE FOOT</p>
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POLLY ANN'S HAMMER

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Steps to Polly Ann's Hammer

Clamato	DS (ots) Slur-Step (xib) DS (ots) DS (xif) S (ib) S (turn ½ L) RS BR L R R L R L R LR L
Outhouse	DS Tch (ots) Heel Tch (if) Heel Tch (ots) Heel L R L R L R L
Triple	DS DS DS RS R L R LR
Lucy	DS BR Heel Toe-Step (xif) Toe (ib) Heel L R L R R L R
Chain	DS RS RS RS L RL RL RL
Double Basic Kick	DS DS RS Brush R L RL R
Alabama	DS DBL (back) Heel Toe (ib) Brush Heel L R L R R L
4-Count C-Strut	Heel-Step Toe-Step (xib) Heel-Step (ots) Heel-Step R R L L R R L L
3-2-1	DS DS DS Dbl (up) Heel Dbl (up) Heel DS RS Brush L R L R L R L R LR L
Burton Stamp	DS Stamp Stamp Stamp L R R R
Donkey	DS RS (if) RS (ots) RS (ib) R LR LR LR
C-Strut (8 Counts)	Heel-Step Toe-Step (xib) Heel-Step (ots) Heel-Step R R L L R R L L Toe-Step (xib) Heel-Step (ots) Heel-Step Heel-Step R R L L R R L L
Cross Over Rock	DS Dbl (xif) Dbl (ots) RS L R R RL
Timebomb	Stomp (xif) Step (ib) Step (ots) Stomp (xif) Step (ib) Step (ots) Stomp L R L R L R L
Stomp Double Basic	Stomp DS DS RS R L RL RL

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